

PENINSULA CONNECTIONS

Newsletter of Peninsula Chapter

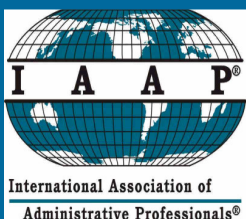
April 2012



WELCOME!



**We welcome Kim Kindrew, CRM
as our presenter for our April
meeting!**



INSIDE THIS ISSUE:

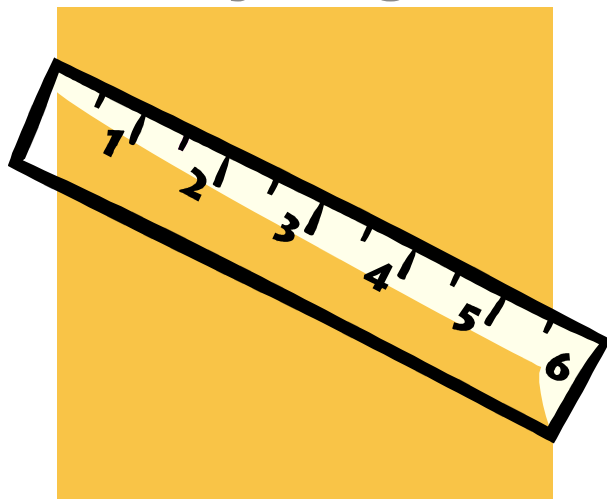
Robert's Rules, Words in Action...2,
Upcoming Events, Take 5 For Fun...3
Ways&Means, Admin Advisor...4 Language Fun...5 Timesaver...6
Recipe...7 Community Service...8 Spring Facts, Book Nook...9

THE EVERYTHING ROBERT'S RULES BOOK

By Barbara Campbell

Submitted by Bev Ware, CAP-OM

The Everything Robert's



I made a motion and there was no second. What happens to my motion?
A member who proposes a motion may withdraw the motion unless there is an objection from the membership.
The chair would simply state, "if there is no objection, the motion is withdrawn."

WORDS IN ACTION

Submitted by Bev Ware, CAP-OM

Merriam – Webster Dictionary Online

"New Slang Word"

kitchenheimers (noun) : the tendency to forget why one has gone to the kitchen

Submitted by: Greg Houck from Nevada on Mar. 29, 2012 23:58

PENINSULA CHAPTER BOARD

JoAnn Panuska
President

Bev Ware, CAP-OM
Vice-President

Phyllis Kirkman,
CAP-OM
Treasurer

Mary-Ann Grocki
Secretary

We're on the
Web!

Find us at:

[www.iaap-
peninsula.org/IAA](http://www.iaap-peninsula.org/IAA)
PHQ/Peninsula

PENINSULA CONNECTIONS NEWSLETTER STAFF:

Angie Sumner
Coordinator and
Lead Writer

e-mail submissions to:
angie.sumner@JQH.com

March submission
deadline: May 1

**THOUGHT OF THE
MONTH**

*“The will to win,
the desire to
succeed, the urge to
reach your full
potential...these are
the keys that will
unlock the door to
personal
excellence.”*

–Confucius



TAKE 5 FOR FUN!

*q. Where does the Easter
Bunny eat breakfast?*

Answer on next page.

MARK YOUR CALENDAR!



May Meeting

Tuesday May 8, 2012

5:30pm Networking

6:00pm Program

7:00pm Business Meeting

Sentara Careplex Hospital
3000 Coliseum Drive, Hampton
1st Floor Conference Room C

Tidewater Chapter April Meeting

April 17, 2012

5:30pm – 8:00pm

Priority Toyota, Meeting Room on 2nd Floor
1800 Greenbrier Parkway
Chesapeake, VA 23320

RSVP REQUIRED BY April 13 , 2012

\$15 inclusive dinner per guest

Admin Professionals Week Kick-Off Event

Monday, April 23, 2012

5:30-7:30 pm

City of Newport News
700 Town Center Drive
Newport News, VA 23606
The James Conference Room

Door Prizes, Networking, Music, Membership

VA-WV Division Annual Meeting

June 29-July 1

Holiday Inn Downtown Lynchburg
Questions should be directed to Teresa Henderson, CAP-
OM (teresa.henderson@centrahealth.com) or Yvonne
Younger, CAP-OM (yvonne.younger@centrahealth.com)

WAYS AND MEANS REMINDERS

Submitted by Beth Hoss

Ways & Means will have a table at Annual meeting 2012. Please see a member of the Ways & Means Committee if you wish to contribute.

Please visit igivesmart.com/iaap for your shopping. This portal donates a portion of online sales!

Ways & Means Committee

Beth Hoss, CAP-OM

Maryann Grocki

Pam Jeshor

Barbara Bowen

Colette Quinn

THE ADMIN ADVISOR

adminadvisor.com

TAKE RISKS TO ROCK YOUR COMFORT ZONE

You've fallen into a rut and can't get up. Rather than expecting yourself to lasso the moon in one throw, ease out of your comfort zone by committing to do something risky once a week. Each week, come up with an activity that challenges you. You'll grow stronger as you meet each challenge and soon you'll be ready to take a new risk each day. Before long, you'll be prepared to tackle the big challenges that can change your life.



Take 5 For Fun Answer
a. A IHOP

FUN WITH THE ENGLISH LANGUAGE

Submitted by Jacklyn Ray

Looks can be deceiving! These words look the same, but are pronounced differently with different meanings.

To help with planting, the farmer taught his sow to sow.

The wind was too strong to wind the sail.

Upon seeing the tear in the painting I shed a tear..

I had to subject the subject to a series of tests.

How can I intimate this to my most intimate friend?

Let's face it - English is a crazy language. There is no egg in eggplant, nor ham in hamburger; neither apple nor pine in pineapple. English muffins weren't invented in England or French fries in France . Sweetmeats are candies while sweetbreads, which aren't sweet, are meat. We take English for granted. But if we explore its paradoxes, we find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig.

And why is it that writers write but fingers don't fing, grocers don't groce and hammers don't ham? If the plural of tooth is teeth, why isn't the plural of booth, beeth? One goose, 2 geese. So one moose, 2 meese? One index, 2 indices? Doesn't it seem crazy that you can make amends but not one amend? If you have a bunch of odds and ends and get rid of all but one of them, what do you call it?

If teachers taught, why didn't preachers praught? If a vegetarian eats vegetables, what does a humanitarian eat? Sometimes I think all the English speakers should be committed to an asylum for the verbally insane. In what language do people recite at a play and play at a recital? Ship by truck and send cargo by ship? Have noses that run and feet that smell?

TIMESAVER: FUNCTION KEYS

Submitted by Angie Prezioso



- Move the cursor to the address bar in Internet Explorer and Mozilla Firefox
 - CTRL+SHIFT+F6 opens to another open Microsoft Word Document



- Commonly used to spell check and grammar check a document in Microsoft programs such as Word and Outlook
 - SHIFT+F7 runs a thesaurus check on the word highlighted
 - Turns on Caret browsing in Mozilla Firefox

AN EASTER AND SPRING RECIPE

<http://www.justapinch.com/recipes/appetizer/poultry-appetizer/deviled-eggs-chickies-for-easter.html>

Submitted by Angie Prezioso

Deviled Eggs - chickies for Easter



- Hard Boiled Eggs
- Black Olive
- Carrot Slivers

Directions:

- Boil as many eggs as you'd like to serve.
- Instead of slicing peeled egg lengthwise, slice the top third of the egg
- Remove and mash the yolk & make your mixture as you normally would to stuff the egg.
- Cut black olive into small pieces to eyes as eyes (capers may be substituted depending on preference)
- Slice carrots to use for the nose

COMMUNITY SERVICE UPDATE

Submitted by Bev Ware, CAP-OM

Written by Janet Wielinga

The Community Service Committee has proposed to support these efforts for the remaining of the 2011-2012 year. If you are looking for an opportunity to serve your community, please consider jumping onboard with us!

We will support a school on the Peninsula through the Avery “**Box Tops for Education**” program. When a school is connected with the Box Top Program, the coupons received carry a school value of \$.10 per coupon. This will be a great opportunity to help fund the needs of the children within the school. So when you are doing your shopping look for the Box Top labels on your items. Save them, cut them and bring them to the monthly meetings!



LINK in Hampton Roads, Inc. sponsors PORT, People Offering Resources Together, which runs an Emergency Homeless Winter Shelter Program. When the homeless people come into the shelter they are in need of basic personal health care items. This year our chapter would like to put together as many gift packages as we can to give to the homeless when they arrive to the shelter. The packages would include: body lotion, toothpaste, a toothbrush, comb/brush, soap, washcloth and a pair of clean white socks. We will be collecting these items over the next 5 months. The members will have an opportunity to donate a complete health care package or money towards this effort. The Peninsula Chapter has supported PORT in the past with blanket donations and is excited to have another opportunity to team with PORT.

FUN FACTS ABOUT THE FIRST DAY OF SPRING

Submitted by Angie Sumner

<http://tidbitfun.com/03/20/spring-fun-facts/>

Fun Facts:

- The vernal equinox is the first day of the year when we have 12 hours of daylight and 12 hours of night.
- “Vernal” is Latin for “spring” and “equinox” is Latin for “equal night.”
- There are two equinoxes every year – vernal and autumnal. Those two days are the only times during the year when the sunrise is due east and the sunset is due west.
- According to superstition, today is the only day you can stand a raw egg on its end.
- Ancient Egyptians built the Great Sphinx to point directly East toward the sunrise on the vernal equinox.
- Stonehenge in England also marks the position of the rising sun on the vernal equinox.
- In Central America, the ancient Mayans built Chichén Itza to align with the sun’s movement on the equinox. While the sun moves across the sky, the pyramid’s shadows look like giant serpent slowly moving down the stairway.
- To many cultures around the world, the vernal equinox signals the time to start planting crops.
 - According to studies by the US Department of Transportation, Daylight Savings Time saves about 1% of [electricity](#) a day. It doesn’t sound like much, but when you consider it covers most of the nation (except Arizona and Hawaii) that adds up to a significant amount!

THE BOOK NOOK



Mission Possible

Written by
Ken Blanchard

*Synopsis written by
Bev Ware*

4 Basic Mgmt Styles
Putting the right people
on the right team with
the right kind of
support...

4 Basic Management
Styles or Personalities:
(P) – Producers are
good at making things
happen
(A) – Administrators
are good at creating and
maintaining order
(E) – Entrepreneurs are
good at innovating and
(I) – Integrators are
good at building
teamwork

Which one are you?

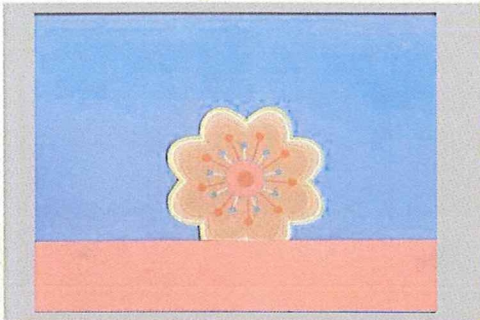
*Read a good book lately?
Submit your book review or
synopsis for the next
newsletter!*

ALL OCCASION GREETING CARDS
MADE WITH LOVE BY
THE PENINSULA CHAPTER IAAP

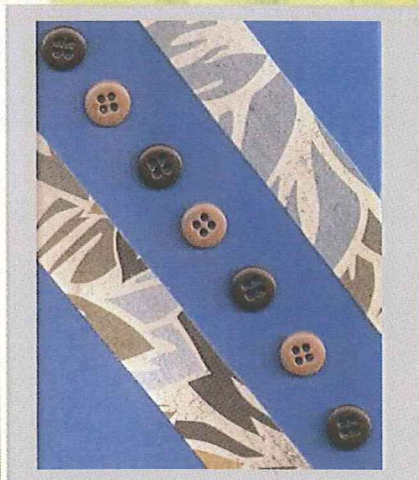


Versatile ~

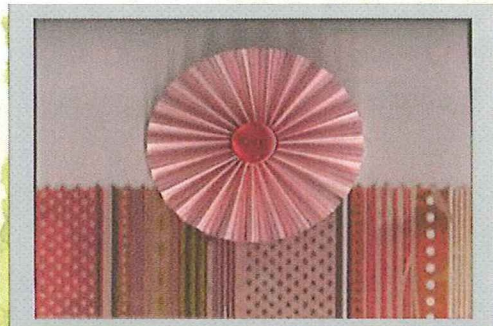
Landscape or Portrait



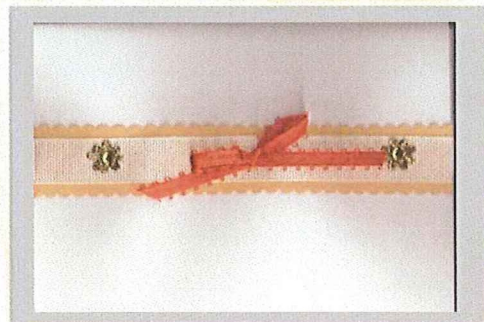
No two are identical!



Dozens of designs
to choose from!



ONLY \$1 EACH!



FOR MORE INFORMATION CONTACT

Beth Hoss, CAP-OM
Topsail03@cox.net